Morning and evening hearing aid routine

Always follow the manufacturer's instructions and the resident's care plan.

Morning

1. **Wash your hands.** Explain what you are doing and ask for consent.
2. **Check the ears** for soreness, redness or discharge. If you see any, do not fit the aid and report it.
3. **Power:** fit a new battery of the right size, or take the aid off its charger.
4. **Path:** check the tube, earmould, dome or wax filter is clean and clear.
5. **Right aid, right ear:** red = right, blue = left.
6. **Insert gently** until the earmould or dome is fully in. Do not force it.
7. **Check:** comfortable, no whistling, and ask the resident how it sounds.
8. **Record** on the daily checklist.

Evening

1. **Take the aids out** gently: lift the aid from behind the ear, then hold the earmould or wire close to the ear, never the tube.
2. **Wipe** with a dry, soft cloth and **brush** the microphones and sound outlet.
3. **Check** for wax, moisture, cracks or damaged tubing. Change a blocked filter or dome if trained.
4. **Switch off:** open the battery door, or place on the charger and check it is charging.
5. **Store** in the labelled case or charger, in the agreed place.
6. **Record** on the daily checklist, and report any problems.

✕ Never

use water or alcohol on the hearing aid, dry it with heat, open the case, or put anything into the ear canal.

General information only. Always follow your care home's policies, the manufacturer's instructions and the resident's care plan. In an emergency call 999. Version: November 2026.